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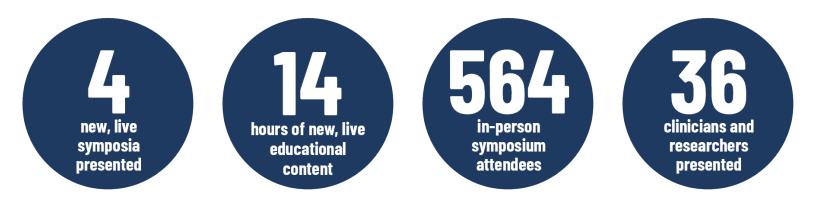
Letter from the IEC President



What an incredibly busy and productive first 5 months we've had in our 10th year as the IEC.

Thank you to everyone who has helped support the four symposia we've presented from February 27 to May 7. Our symposium chairs, faculty, and attendees have all helped us increase our global impact as we celebrate 10 years of IEC programming.

Look how much we've already accomplished this year!



Our IEC staff traveled the equivalent of halfway around the world (13,462 miles [21,665 km]) for these events.

Read about 2025's four already-presented symposia below. The year is far from over. In fact, I'm pleased to announce that the IEC Board has approved the addition of a new symposium this year.

New Symposium Added

As previously announced, we'll present <u>Atopic Dermatitis Versus Cutaneous T-cell Lymphoma:</u> <u>Challenges & Novel Insights</u> on September 20 at the EADV meeting in Paris, France. Please register to attend if you haven't already done so. Then, we will present a <u>new symposium in November</u>. This new event, the title of which is to be announced, will be presented November 12 in conjunction with the 6th Inflammatory Skin Disease Summit (ISDS) at the New York Academy of Medicine in New York, NY, USA.

ISDS is presented every other year, alternating between New York City and Vienna, Austria. The IEC has presented a symposium at ISDS in 2016, 2018, 2021 and 2023. (The IEC had not yet formed for the inaugural ISDS meeting 2014.)

Strategic Council Growth

As our symposia schedule grows, so does our council. I'm pleased to announce that we now have 161 Council members in 34 countries. This increase comes after April's IEC Board meeting in which we approved the 5 new Councilors and 5 new Associates, while promoting an Associate to Councilor.

This group of new Councilors marks exciting milestones to increase our diversity and global impact:

- Our first and second PhD Council members (not holding medical degrees)
- Our first member from the Philippines
- Our first Council member who was first an IEC Fellow!

I hope you'll join me in congratulating our new and promoted Council members, who are identified later in this newsletter.

Whether you are a member of the Council or an IEC supporter, you can help us grow strategically. Please share your experiences with the IEC and suggest that qualified professionals **apply to become Council members**. We're especially interested in diversifying our Council as we grow, so be sure to encourage applications from our research partners who hold PhDs, from allergists, and from physicians working in **areas where the Council doesn't have much representation**.

Share Your Ideas

The IEC has published <u>23 journal articles</u>, and you'll read about more that are in production below. Publications like these ensure our collective expertise is accessible to healthcare professionals around the world.

We are always looking for more manuscript ideas and volunteers for research and writing. <u>Submit an idea,</u> take the lead on a manuscript, or volunteer to help with a project.

Let's Stay in Touch

Some of the news in this newsletter may be familiar to you if you follow the IEC's social media accounts, where we share important information and links to resources in a timely manner. I encourage you to follow and interact with the IEC on the platforms you use.

When you follow us and like our content, you help the Council further expand its reach with just a click of a button!

- Find us on Facebook at <u>https://www.facebook.com/people/International-Eczema-Council/61554124067841/</u>
- Find us on X (formerly Twitter) at https://x.com/CouncilEczema
- Find us on LinkedIn at https://www.linkedin.com/company/international-eczema-council/
- Explore our YouTube Learning Center at
 <u>https://www.youtube.com/@internationaleczemacouncil4126</u>

Alan Irvine, MD DSc IEC President

Al in AD? IEC Fellow Works with Mentor on Cross-Sectional Study



IEC Fellow **Vijaytha Muralidharan, MD MRCP (UK)** and her US Clinical Fellowship mentor, IEC cofounder **Dr. Amy Paller, MD,** have undertaken a survey on the use of AI in atopic dermatitis care.

Recent advancements in artificial intelligence (AI) offer promising potential to enhance various aspects of AD care, including diagnosis, treatment personalization, and disease management. However, the integration of AI into clinical practice raises questions about its effectiveness, potential biases, and implications for healthcare professionals and patients.

The survey study, Viewpoints on the Applications of AI in Atopic Dermatitis: A Cross-Sectional Survey, aims to gather insights from a diverse group of stakeholders on their perspectives regarding the use of AI in AD.

Through the survey, Drs. Paller and Muralidharan plan to:

- Assess the perceptions and attitudes of healthcare professionals, researchers, patient groups, and other stakeholders regarding the application of AI in atopic dermatitis care
- Identify perceived benefits and challenges of AI integration in AD care
- Explore concerns related to algorithmic bias in AI systems used for AD.

Dr. Paller is the principal investigator for the study, which will be conducted at several sites, including Ann & Robert H. Lurie Children's Hospital and Northwestern University in Chicago, IL, USA. As part of the study, the survey was sent to IEC Council members for participation.

Dr. Muralidharan's IEC fellowship lasts 1 year (4 weeks in-person) and is funded through a grant from Pfizer. The fellowship requires the Fellow to deliver a presentation at a major conference or submit an abstract or manuscript for publication in a national or international journal. It's expected that a completed manuscript based on this study will be submitted for publication.

Learn More about IEC Fellowships and Fellows



Welcome to Our New IEC Board Members

The IEC is pleased to introduce three new members to the <u>IEC Board of Directors</u>. These new Directors will aid the rest of the Board and IEC President Alan Irvine in working to achieve our <u>mission and vision</u>.

- **Director April Armstrong, MD MPH**, is professor and chief of dermatology at the University of California Los Angeles in Los Angeles, CA, USA.
- **Director Aaron Drucker, MD ScM FRCPC**, is a dermatologist and clinical scientist at Women's College Hospital and the University of Toronto in Toronto, Canada.
- Director Yael Anne Leshem, MD MCR, is director of the Atopic Dermatitis Clinic in the Division of Dermatology at Rabin Medical Center and the associate professor of dermatology at Tel-Aviv University Faculty of Medical & Health Sciences in Tel Aviv, Israel.

We welcome these new leaders and thank them for their commitment to the IEC.

View the Board of Directors

We're Growing! IEC Welcomes New Members and Promotes Associates



The IEC is thrilled to announce its continued expansion! During the Board of Directors meeting on April 30, 10 new Council members were approved and 1 Associate was promoted to full Councilor status.

These changes bring our **total membership** to 161, comprising 123 Councilors and 38 Associates from 34 countries.

We're pleased to increase our diversity with these new members. We've welcomed our first two members who hold PhDs (not medical degrees), our first member from the Philippines, and our first IEC Fellow to become a Council member. Increased diversity enhances our collective efforts by incorporating a wider range of perspectives and experiences.

New IEC Councilors

We are pleased to introduce the following new IEC Councilors:

- Yong Hyun Jang, MD PhD, Korea
- Vimal H. Prajapati, MD FRCPC DABD, Canada
- Andrew Pink, BMedSci (Hons) BMBS PhD MRCP, United Kingdom
- John Common, PhD, United Kingdom (PhD applicant)
- Lavinia Paternoster, PhD, United Kingdom (PhD applicant)

New IEC Associates

We are pleased to introduce the following new IEC Associates:

- Shuang Chen, MD PhD, China
- Juan Tao, MD PhD, China
- Arbie Sofia P. Merilleno, MD DPDS, Philippines (first IEC Fellow to become a member and first member from Philippines)
- Helen He, MD, United States
- Walter Liszewski, MD, United States

IEC Associate Promoted to Councilor

We also are pleased to announce that the following Associate has met IEC criteria for Councilor status:

• Fernando Valenzuela, MD, Chile

As the IEC grows, we extend our ability to promote research, education, and best practices on a global scale. Our diversity is a key strength, and we invite you to help us grow even stronger.

We encourage all Councilors and Associates to identify potential new IEC members, especially from underrepresented regions and countries. An <u>IEC membership infographic</u> on our About page shows the distribution of IEC members by region and country, helping you pinpoint areas where we could benefit from additional resources.

Take a moment to consider your network of dermatologists, allergists, and PhDs whose addition to the IEC would benefit their careers and our Council—particularly among newly eligible PhDs and those in regions where we need more representation. **Please share their names and contact information with IEC staff**. We are eager to welcome more passionate professionals to join us in our mission.

Register to Attend Final IEC Symposia of 2025 at EADV and ISDS

Two symposia remain in the IEC's 2025 schedule, and we encourage our Council members and industry partners to attend.

You've heard a lot about our upcoming program, <u>Atopic Dermatitis vs. Cutaneous T-Cell Lymphoma:</u> <u>Challenges & Novel Insights</u>, September 20 in Paris, France. If you haven't yet registered, please do so!

The final symposium of the year is new! The IEC board recently approved a new symposium to be presented November 12 at the 6th Inflammatory Skin Disease Summit (ISDS): The Translational Revolution, being held in The New York Academy of Medicine in New York City, New York, USA. Plan to join us for this newly announced event!



Atopic Dermatitis vs. Cutaneous T-Cell Lymphoma: Challenges & Novel Insights September 20 at EADV Paris, France

Register for the Symposium at EADV



IEC Symposium at 6th Inflammatory Skin Disease Summit

November 12 at ISDS New York City, NY, USA

Learn about the Symposium at ISDS

Share Your Interests with the IEC

Though our speakers largely are booked for the year's remaining symposia, remember that you can always share your interests with us via our <u>speaker interest form</u>. When your interests align with an upcoming symposium topic, we may contact you to see if you'd be interested in being a speaker at one of our events at a major world dermatology or allergy meeting. Filling out the form doesn't obligate you to speak.



IEC at SID: Multiomics Symposium and PhD Recruitment Breakfast

The IEC presented the symposium <u>Practical Applications of</u> <u>Multiomics in Atopic Dermatitis</u> to an audience of more than 160 people on May 7 in conjunction with the 2025 Society of Investigative Dermatology (SID) Annual Meeting in sunny San Diego, CA, USA.

IEC Councilor **Sara Brown, MBChB MD**, of Scotland, UK, and IEC Councilor **Patrick Brunner, MD MSc**, of New York City, NY, USA, successfully chaired the symposia as IEC ambassadors, which bridged the gap between advanced research techniques and clinical practice, focusing on how multiomics can uncover underlying mechanisms of atopic dermatitis. Dr. Brown presented "Genetic and -omic Analyses Give Insight into Fundamental Mechanisms in Atopic Dermatitis" and Dr. Brunner presented "AD and its Mimickers."



IEC Director Katrina Abuabara speaks with attendee Jie Zhu, MD, after the symposium.

Other faculty members included:

- IEC President-Elect Lawrence F. Eichenfield, MD, (USA) who welcomed attendees and updated them on IEC news.
- IEC Associate Helen He, MD, (USA) presented "Obtaining Samples: Minimally Invasive Approaches."
- IEC Councilor Lavinia Paternoster, BSc MSc(Edin.) PhD, (England, UK), presented "Leveraging Genetic and Molecular Data to Investigate the Aetiology of Eczema Susceptibility and Severity"
- Michel Gilliet, MD, (Switzerland) presented "Translating Omics into Clinical Practice"
- IEC Director and Councilor Katrina Abuabara, MD MA MSCE, (USA) presented "Beyond Molecular Omics"

Three SID abstracts were presented as flash talks.

- "Blood Gene Expression Reveals Endotypes of Atopic Dermatitis Patients with Distinct Responses to Dupilumab" by Sneha Shrotri, MS
- "Tape Strip Transcriptomic Analysis of Thai Patients with Atopic Dermatitis Shows Greater Immune and Barrier Abnormalities in the Setting of Comorbid Food Allergy" by Daniel Liu, BA
- "Serum Proteomic Characterization of the East Asian and Asian American Atopic Dermatitis Molecular Phenotype," also by Daniel Liu, BA

In addition to presenting the symposium May 7, the IEC also hosted a complimentary breakfast May 8. This casual gathering was an opportunity for PhD holders to learn about the IEC. We're thankful for the IEC Councilors and Associates who attended the breakfast so that prospective applicants could ask them about their experiences with the IEC.

The Council recently welcomed our first two Councilors who hold PhDs, not medical degrees. If you know a PhD holder with an interest atopic dermatitis, please share your experience with the IEC and invite them to consider applying for membership.

Recruitment of allergists for IEC membership is still a priority, as well. Please share information about the Council with allergist colleagues and encourage them to apply for IEC membership. The IEC is better able to advance our shared goals when we involve more clinicians and researchers who are passionate about helping patients with atopic dermatitis.

A recording of this symposium will be posted soon to the **IEC's YouTube Learning Center**.



Council members chat with PhD-holders about our work during the IEC Breakfast at SID.



Learn More

Multiple IEC Manuscripts Are in Process for Journal Publication

In addition to frequent live symposia, the IEC shares research with a large audience by publishing in major journals. We have multiple manuscripts currently in the works with an ultimate goal of publication. Topics include:

- Atopic Dermatitis Low Disease Activity
- Standard of Care in China for Treatment of Atopic Dermatitis
- When to Use Systemic Therapy
- Practical Evaluation of Atopic Dermatitis by Allergists
- Viewpoints on the Applications of AI in Atopic Dermatitis

We will be sure to update you when these articles are complete and published.

Read the IEC's Published Articles



Dr. Carsten Flohr, MA MSc PhD FRCP FRCPCH, presents at the IEC symposium at WCPD in Buenos Aires, Argentina.

Pediatric Focus Brings IEC to WCPD World Congress in Argentina

Lessons Learned: Practical Strategies for Preventing, Treating, and Managing Atopic Dermatitis in Pediatric Populations was the symposium that the IEC presented on April 7 at the 15th World Congress for Pediatric Dermatology (WCPD) in Buenos Aires, Argentina.

It was expertly co-chaired/moderated by IEC Councilor Dr. Sandipan Dhar, FRCP MD, of Kolkata, India; IEC Associate Dr. Paula C. Luna, MD, of Argentina; and IEC Director, Councilor, Cofounder, and Past President Dr. Amy Paller, MD MS, of Chicago, IL, USA.

The symposium drew nearly 150 attendees to hear from seven expert speakers:

- **IEC President Dr. Alan Irvine, MD DSc** (Dublin, Ireland) on early use of moisturizers to prevent atopic dermatitis.
- **Dr. Carsten Flohr, MA MSc PhD FRCP FRCPCH** (IEC Director and Councilor; London, England, UK) on strategies for preventing and reducing food allergy in babies with AD.
- **Dr. Sandipan Dhar, FRCP MD** (IEC Councilor; Kolkata, India) on examining the diversity of atopic dermatitis in pediatric patients with skin of color.
- **Dr. Lawrence F. Eichenfield, MD** (IEC President-Elect, Director, and Councilor; San Diego, CA, USA) on practical applications in pediatric eczema.
- IEC Cofounder and Past President Dr. Amy Paller, MD MS (Chicago, IL, USA) on latest advancements in treating pediatric AD with systemic therapies.
- **Dr. Mark Koh, MD** (IEC Councilor; Singapore) on uniting disciplines for atopic dermatitis and psychosocial management.
- **Dr. Valeria Aoki, MD PhD** (IEC Director and Councilor; São Paulo, Brazil) on navigating adherence and patient education in atopic dermatitis care.



IEC member Dr. Ncoza Dlova meets with presenters Drs. Paller and Aoki.

The event concluded with a question-and-answer session so the packed room could interact with the faculty. <u>Watch the event recording</u>, which the IEC is sharing in our YouTube Learning Center so that presenters' expertise is available to all healthcare professionals with an interest in atopic dermatitis in pediatric patients.

Learn More



Dr. Aoki showcases the IEC during her presentation.



IEC members were well represented in Buenos Aires. They are (from left) Kenji Kabashima, Paula Luna, Alan Irvine, Amy Paller, Larry Eichenfield, Valeria Aoki, Sandipan Dhar, Mark Koh, and Carsten Flohr.

Is Your Corporate Logo Missing?

Become an IEC supporter to get your company the recognition it deserves! Contact CEO Alan Stiles to find out how you can partner with our Council.





Audience members listen to the presenters during the IEC symposium at AAD Global Education Day.

AAD Global Education Day: IEC Leads 3-Group Effort, with Patients

In partnership with the National Alopecia Areata Foundation (NAAF) and the National Eczema Association (NEA), the IEC presented **Converging Pathways: Atopic Dermatitis and Alopecia Areata** on March 6 as part of the AAD Global Education Day in Orlando, FL, USA.

This excellent event drew solid attendance, and we're grateful to NEA and NAAF for partnering with the IEC for its development. Together, the two organizations facilitated and coordinated a meaningful patient panel which enabled a new focus for this IEC event: the stories from patients and care partners navigating atopic dermatitis and alopecia areata.



An attendee and presenter talk after the symposium.

<u>Watch the session at your convenience</u> to learn from experts and patients alike.

The symposium was co-chaired by IEC Director, Councilor, Cofounder, and Past President **Dr. Emma Guttman, MD PhD**, of New York, NY, USA, and Dr. Natasha Mesinkovska, MD PhD, of Irvine, CA, USA. It covered pathogenic similarities and differences, epidemiology, and new treatment developments for both conditions. Highlights included presentations by:

- **Dr. Emma Guttman, MD PhD** (IEC Director, Councilor, Cofounder, and Past President; New York, NY) on pathogenic similarities and differences between alopecia areata and atopic dermatitis.
- Dr. Benjamin Ungar, MD (IEC Councilor; New York, NY) on the epidemiology of alopecia areata and atopic comorbidities.
- Dr. Peter A. Lio, MD (IEC Councilor; Chicago, IL) on new treatment developments in atopic dermatitis and how these relate to alopecia areata.
- Dr. Natasha Mesinkovska, MD PhD (Irvine, CA) on new treatments for adults with alopecia areata.

- **Dr. Amy Paller, MD MS** (IEC Director, Councilor, Cofounder, and Past President; Chicago, IL) on new developments for children with alopecia areata with and without atopy.
- Wendy Smith Begolka, MBS (National Eczema Association, Novato, CA) provided a research update from the NEA.
- George C. Gondo, MA (National Alopecia Areata Foundation, Knoxville, TN) provided a research update from the NAAF.

The event concluded with a patient discussion panel moderated by Jessica Johnson, MPH, of NEA and George C. Gondo, MA, of NAAF.

A Councilor, Associate, and Industry meeting also was held while we were in Florida. In addition to opportunities for learning, the meeting was a great place for Council members to reconnect.

Watch the AAD Global Education Day IEC Symposium





Council members reconnected at the IEC meeting for Councilors, Associates, and Industry (left) and at the symposium (above).

Meet the Councilor: Aaron Drucker, MD ScM FRCPC



Dr. Aaron Drucker is an IEC Councilor who recently joined our Board of Directors. A dermatologist and researcher, he is an associate professor in the Division of Dermatology at the University of Toronto and a scientist at the Women's College Hospital Research Institute in Toronto, ON, Canada.

He leads an international team conducting a living network meta-analysis of systemic immunomodulatory treatments for eczema, providing up-to-date information to patients and clinicians through EczemaTherapies.com.

How do your personal or professional vision and/or mission align(s) with the IEC vision/mission?

My research focuses on providing reliable answers to questions patients and clinicians face on a day-to-day basis. Whether it's comparing the efficacy of new systemic treatments or evaluating the long-term safety of topical corticosteroids, I try to inform shared decision-making to improve patient care globally.

What is your proudest accomplishment in the atopic dermatitis (AD) space?

Creating a living network meta-analysis of systemic treatments for atopic dermatitis. That project has helped clinicians and patients understand the relative efficacy of new treatments that have been approved since 2017.

What do you value most about being involved with the IEC?

Being part of a community of experts with the shared goal of improving research and care for atopic dermatitis. The atopic dermatitis research community is full of amazing colleagues, and the IEC brings us together.

What do you think will garner the most attention over the coming year in the AD field?

New treatments—can we get closer to our goal of getting the majority of our patients clear with minimal itch?

What do you see as the biggest need among AD patients?

The biggest need is to have a treatment that provides clear skin with minimal itch for the majority of patients who use it. Psoriasis treatment has come a bit farther than atopic dermatitis treatment – but we are getting there.

What's the most recent good thing you watched, listened to, or visited? <u>Say Nothing</u>

Get to know other Councilors and Associates by reading past Meet the Councilor features.



The panelists (above) listen to a question from the audience (below) at the IEC symposium at the American Academy of Allergy, Asthma and Immunology (AAAAI) and World Allergy Organization (WAO) Joint Congress in San Diego, CA, USA.

IEC Presents Course at the AAAAI/WAO Joint Congress in US

The IEC presented <u>The Impact of Environmental, Food, and Contact</u> <u>Allergies on Atopic Dermatitis</u> on February 27 at the American Academy of Allergy, Asthma and Immunology (AAAAI) and World Allergy Organization (WAO) Joint Congress in San Diego, CA, USA.

The IEC course cochairs were IEC Councilor **Dr. JiaDe Yu, MD MS**, of Boston, MA, USA, and IEC Councilor **Dr. Ioana Agache, MD**, of Brasov, Romania. Dr. Agache, an allergist, also presented recent understandings in the crosstalk of the skin, gut, and lung epithelia.

The well-attended symposium was a great experience for IEC and attendees. This was the second time that the IEC has presented at AAAAI, a move that helps us expand our reach to international allergists. (We hope to return in 2027.)





Dr. Zelma Chiesa Fuxench, MD MSCE, presents.

Other faculty members included:

- Dr. Zelma Chiesa Fuxench, MD MSCE (IEC Associate; Philadelphia, PA, USA) discussing the role of peripartum antibiotics in the development of atopic dermatitis
- Dr. Anne Marie Singh, MD (Madison, WI, USA) presenting on environmental risk factors in atopic dermatitis
- Dr. Sharon Chinthrajah, MD (Stanford, CA, USA) exploring the bilateral relationships between food allergy and atopic dermatitis
- Dr. Amber Reck Atwater, MD FAAD (IEC Associate; Vienna, VA, USA) discussing allergic contact dermatitis in patients with atopic dermatitis

- Dr. Marcella Aquino, MD (Providence, RI, USA) covering irritant contact dermatitis in atopics
- Dr. Wanda Phipatanakul, MD MS (Boston, MA, USA) considering whether we can stop the atopic march
- Dr. Raj Chovatiya, MD PhD MSCI (IEC Associate; Chicago, IL, USA) sharing novel pipeline therapies for atopic dermatitis
- Dr. Kari Nadeau, MD PhD (Boston, MA, USA) discussing the One Health approach for atopic dermatitis

The event concluded with a panel discussion and closing comments. <u>Watch the session on-demand</u>, a free offering from the IEC.

Learn More & Watch the Symposium

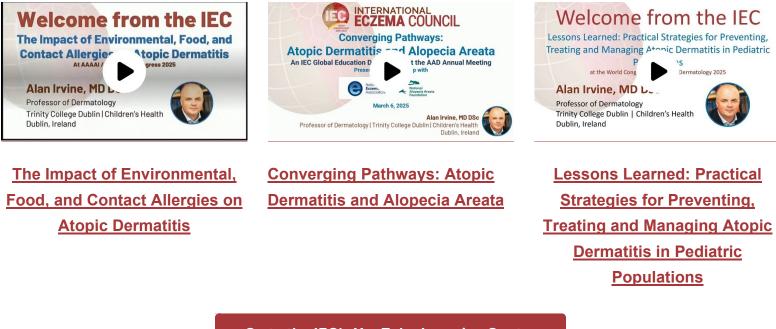
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Subscribe to the IEC YouTube channel to be notified when new content is available: youtube.com/@internationaleczemacouncil4126 Committed to expanding our educational outreach, the IEC provides free access to recordings of our symposia. These recordings, available for on-demand viewing in our YouTube Learning Center, feature experts discussing their research and clinical insights.

By offering these on-demand presentations, the IEC ensures that all clinicians and researchers can learn from our experts, regardless of whether they are able to attend our live events. This initiative aligns with the IEC Strategic Plan Domain 4 goal: "Magnify IEC's thought leadership position in physician education by expanding content and delivery channels."

Recordings from the 3 symposia that IEC has presented so far in 2025 already have been added to our YouTube Learning Center. They can be accessed via our YouTube Channel or by clicking on the Watch On-Demand Webcast button on the event page for each symposium.



Go to the IEC's YouTube Learning Center

Help Shape the IEC's Work by Joining a Committee

Our committees play a crucial role in the success of the IEC. Joining and volunteering for an IEC committee means being part of a dynamic team that is committed to making a difference in a specific segment of our work. These collaborative efforts enhance the professional growth of our members but contribute to the advancement of care for people with atopic dermatitis.

Despite how much our committees accomplish, many committees only meet 1, 2, or 4 times a year.

Explore IEC committees to find the one that aligns with your interests and expertise. Whether you are passionate about research, education, fellowships, or membership, there is a committee that can benefit from your ides. **Contact CEO Alan Stiles** to join an IEC committee.

View IEC Committees, Charges, and Members

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About the IEC

The International Eczema Council (IEC) is a global nonprofit organization led by experts on atopic dermatitis (AD). The IEC is dedicated to increasing the understanding of AD and promoting its optimal management through research, education and patient/family care. The IEC comprises 161 Councilors and Associates from 34 countries who contribute their expertise to support the IEC's research, programs, events, and education. The Council's mission is furthered by the support of our valued corporate partners.

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