



### **Bernd Arents, PhD**

Bernd Arents has lived with severe atopic dermatitis since birth and has severe allergies—such as to pollen, animals and food—some of which are anaphylactic.

Since 1996, he has developed himself from being a patient to being a patient advocate, in the broadest meaning of the term, within the Dutch Association for People with Atopic Dermatitis (VMCE). He served on the national board of the

VMCE for 3 years as secretary and 7 years as president.

By mastering some of the knowledge, language and methodologies used in the world of dermatology and research, he has been able to further serve those with atopic dermatitis by means of patient engagement. He participated in atopic dermatitis projects and co-authored various clinical practice guidelines and over 60 peer-reviewed publications. He was the lead author of the *Global Report on Atopic Dermatitis 2022* for the Global Atopic Dermatitis Atlas. In April 2026 he obtained a PhD for his dissertation 'The burden of atopic dermatitis & the art of systematic reviews'.

In 2019, Mr. Arents was awarded an honorary membership in the Dutch Society for Dermatology and Venereology. As a member of the International Eczema Council Board of Directors, he represents people living with atopic dermatitis.