



Caroline Mann, MD

Caroline Mann is an assistant professor at the University Medical Center of the Johannes Gutenberg University in Mainz, Germany, and principal investigator in clinical studies focusing on inflammatory skin diseases.

Her work combines clinical and translational research with a particular focus on eczema and related inflammatory dermatoses. Her research interests span translational medicine, biomarker-driven approaches, and interventional clinical studies, with the aim of improving patient-centered care and advancing therapeutic strategies in dermatology. A central focus of her work is the relationship between inflammatory skin disease and sleep, exploring how sleep disturbances influence disease burden, quality of life, and long-term outcomes.

In addition to her academic and clinical activities, Dr. Mann serves as chair of the Rhineland-Palatinate Sleep Society (Rheinland-Pfälzische Schlafgesellschaft), where she promotes interdisciplinary collaboration in sleep medicine and research. Her work aims to bridge dermatology, immunology, and sleep science to translate research findings into meaningful improvements in clinical practice.

Dr. Mann was chosen for an IEC Clinical Fellowship, during which she was mentored by Amy Paller, MD MS, at Northwestern University Feinberg Schools of Medicine, Chicago, IL, US, from October 2022 to September 2023. She is now an IEC Associate.